



BOTOX/DYSPORE INJECTION

DESCRIPTION OF TREATMENT

Botox Cosmetic is an injectable medication that may help reduce the appearance of wrinkles. In general, the effects of Botox usually lasts four to six months after treatment.

FDA has only approved the cosmetic use of Botox® Cosmetic and Dysport® for frown lines between the brows.

CONTRAINDICATIONS

- Keloidal scarring.
- Neuromuscular disorders.
- Botulinum toxin allergies.
- Body dysmorphic disorder.
- Pregnancy.
- Breastfeeding.
- Amyotrophic lateralizing sclerosis myopathies.
- Avoid taking aspirin or other non-steroidal anti-inflammatory drugs such as Ibuprofen, Advil®, Motrin®, Nuprin®, Aleve®, Celebrex®, Fish oil, Ginko Biloba, St. John's Wort and high doses of vitamin E for 7-10 days prior to procedure, as these may cause increase risk of bleeding and bruising at the treated site(s)

PROCEDURE

The average Botox treatment takes around 15 minutes

1. This product is administered via syringe, or injection, into the areas of the face needed

2. The treatment site(s) is washed first with an antiseptic (cleansing) solution.
3. The depth of the injections will depend on the depth of the wrinkles and their location.
4. Multiple injections will be given depending on the site, depth of the wrinkle and technique used.

Pain is minimum and tolerance will vary from patient to patient.

PROCEDURE AFTERCARE

1. Visible bumps may be seen at the injection sites. These are normal and may last up to a few hours.
2. Botox/Dysport will start to work in 2-7 days and peak in about 2 weeks. Please note, if additional product is needed, it will not be injected until 14 days after your initial injection.
3. Do not lie down for 4 hours post injection.
4. Do not massage the treatment area.
5. Do not do strenuous exercise for 24-48 hours following your injection.
6. Do not get a massage, do microdermabrasion or any other activity that may elevate your core body temperature.
7. If forehead was treated, do not wear hat or headband for 48 hours.
8. You may cleanse your face normally this evening but please do not massage the injected area. If you routinely use a Clarisonic brush, do not use tonight. Also, do not use any abrasive exfoliants or scrubs.
9. Bruising may be seen. This happens in a small percentage of treatments but will not affect your treatment results. There also may be some discomfort associated with it. Bruising should resolve within one week. The use of Arnica Montana (available at health food stores) may help with bruising. It is available both topically (as a gel) or orally.
10. Cosmetics, moisturizers, lotions may be used the next day, but do not apply extreme pressure or do anything that may cause discomfort.

11. Exercising the muscles in the treated area may help the product get into the muscle faster, but has no effect on the overall efficacy of the treatment. (You can “make faces” up to 10 times per hour for the first few hours after treatment).
12. Headaches may be a possible side effect. Ibuprofen (Advil, Motrin) or acetaminophen (Tylenol) may be used as needed.
13. Sensitive or blurry vision is possible for 2-3 days post treatment. Wear sunglasses and moisturize eyes with moisturizing eye drops.
14. Flu-like symptoms are rare, but may last 2-3 days. Fluids, rest and Tylenol/Motrin may be used.
15. Any symptoms or problems other than those listed above should be reported.